

Senior-only lunches in central city

THESE are seven senior lunch sites in the Tenderloin and SoMa open to the public. All but the Kroc center participate in the Congregate Lunch Program through the Department of Aging and Adult Services and ask for a donation. At Kroc, there's a \$1.50 charge.

Joan and Ray Kroc Corps Community Center, 240 Turk St.
Buy \$1.50 coupon at desk, 6 a.m. to 11 a.m.
Meal type: American-Western
Mon.-Fri., 11:30 a.m.-12 noon

Gene Friend Recreation Center, 270 Sixth St.
Sign up 10:30 a.m. to noon
Meal type: Filipino-Latino
Mon.-Fri., 11:30 a.m.-1 p.m.

Canon Kip Senior Center, 705 Natoma St.
Sign up all morning, starting at 8:30 a.m.
Meal type: American-Filipino
Mon.-Fri. and 3rd Sat., 11:30 a.m.-12:30 p.m.

Curry Senior Center, 333 Turk St.
Sign up all morning, starting at 7:30 a.m.
Meal type: American-Western
Mon.-Sun., two seatings, 11 a.m. and noon

Downtown branch SF Senior Center, 481 O'Farrell St.
Sign up 11 a.m. to 11:45 a.m.
Meal type: American-Western
Mon.-Sun., noon – 12:45 p.m.

Southeast Asian Senior Meal Program, 315 Turk St.
Sign up 11 a.m.
Meal type: Chinese
Tues., Thur., Fri., noon – 1 p.m.

Woolf House, 801 Howard St.
Sign up 9 a.m. to 5 p.m., day before
Meal type: Chinese
Mon.-Fri., 11:45 a.m. – 12:45 p.m.

NOMBA

North of Market Business Association

NOMBA's members recognize the significant contributions of Central City Extra

Founding Members (partial list):

Anu Bar (Bar)
43 Sixth Street; 931-7292

Best Impression Quality Printers
366 Tenth Street; 552-2401

Bourbon & Branch (Bar)
501 Jones Street; 713-8182

Gask Store (Beverage Retail)
17 Third Street; 281-6486

Central Towers Market (Grocery Store & Liquor)
352 Turk Street; 771-7999

Club 222 Hyde (Bar & Restaurant)
222 Hyde Street; 345-8222

Downtown Grocery (Grocery Store & Liquor)
289 Eddy Street; 673-5745

Garland Public & Community Relations
535 Green Street; 956-0279

La Parrilla Grill (Restaurant, Delivery & Catering)
1760 Polk Street; 359-1212

Law Offices of Mark E. Rennie
870 Market Street, Suite 1260; 981-4500

Lot 46 Night Club & Lounge
46 Geary Street; 677-9029

Max Muscle (Sports Nutrition)
1346 Polk Street; 931-3920

Rickhouse (Bar)
246 Kearny Street; 398-2827

Rosebowl Forest & Wine Bar
601 Van Ness; 474-1114

Sfprint.com (Copy, Print, Design)
500 Larkin Street; 346-3777
1008 Mission Street; 522-0777

Southern Adventure Bay Alliance (SABA)
Travel, Notary Public, Document Filing Service, Postal Services, etc.
201 Turk Street, Suite C; 814-3691

Soluna Café & Lounge
272 McAllister Street; 621-2200

Sudachi (Japanese Sushi, Bar, & Korean BBQ)
1217 Sutter Street; 931-6951

Swig Bar (Bar)
561 Geary Street; 931-7292

Tip Top Grocery Market
Fresh Meats & Produce, Deli, Dairy, Canned & Frozen Foods, General Store
90 Turk Street; 771-8100

UPS Store
Shipping, Packing, Fax, Copying, Mailbox Services, Notary, Office Supplies
601 Van Ness Avenue, Suite E; 775-6644

NOMBA is an unincorporated membership association organized to improve the North of Market commercial environment.

More info: nomba@att.net
<http://nomba.cfsites.org/>

North of Market Business Association is a sponsored project of:
Alliance for a Better District 6

Downtown remodeled efficiency studios

\$650 and up. Beautifully maintained efficiency studios with private bathrooms, in a clean, friendly, downtown building.

- Remodeled units feature
 - Granite kitchen countertops
 - New 20" electric range
 - New 9.9 cu ft refrigerators
 - New light fixtures
- Laundry room in building
- Two elevators
- Handicap accessible
- 24 hours desk clerk



Contact Mike at 415-885-3343 for appointment, or walk-ins welcome Monday through Friday, 8:30 a.m. to 4:30 p.m.