

ARTS EVENTS

ARTery Project, S.F. Arts Commission's series of mid-Market art events, fairs, exhibitions and performances: Sat., March 12, 6 p.m.-midnight, opening of *Bullet Train*, artists from S.F. and L.A., at the luggage store, 1007 Market St. Fri., March 25, 5-7 p.m., Central City Hospitality House, 1009 Market St. ground floor, opening of *Identity Project*, new multimedia works by artists in the Community Arts Program. Sat., March 26, 7-10 p.m., Gray Area Foundation for the Arts, 55 Taylor St., reception for *TRANS-MUTATIONS*, collaborative projects by graduate students from UC Santa Cruz's Digital Arts and New Media and Arts & Physics Research Lab programs.

COMMUNITY: REGULAR SCHEDULE HOUSING

Supportive Housing Network, 3rd Thursday of the month, 3-5 p.m., Dorothy Day Community, 54 McAllister. Call: 421-2926 x304.

Tenant Associations Coalition of San Francisco, 1st Wednesday of the month, noon, 201 Turk St., Community Room. Contact Michael Nulty, 339-8327. Resident unity, leadership training.

HEALTH AND MENTAL HEALTH

CBHS Consumer Council, 3rd Monday of the month, 5-7 p.m., CBHS, 1380 Howard St., room 537. Call: 255-3695. Advisory group of consumers from self-help organizations and other mental health consumer advocates. Open to the public.

Health & Wellness Action Advocates, 1st Tuesday of the month, 5-7 p.m., Mental Health Association, 870 Market St., Suite 928. 421-2926 x306.

Healthcare Action Team, 2nd Wednesday of the month, 1010 Mission St., Bayanihan Community Center, 11 a.m.-12:30 p.m. Focus on increasing supportive home and community-based services, expanded eligibility for home care and improved discharge planning. Light lunch served. Call James Chionsini, 703-0188 x304.

Mental Health Board, 2nd Wednesday of the month, 6:30-8:30 p.m., City Hall, room 278. CBHS advisory committee, open to the public. Call: 255-3474.

National Alliance for the Mentally III-S.F., 3rd Wednesday of the month, 6:30-8:30 p.m., Family Service Agency, 1010 Gough St., 5th Fl. Call: 905-6264. Family member group, open to the public.

SAFETY

Neighborhood Emergency Response Team Training (NERT). Central city residents can take the S.F. Fire Department's free disaster preparedness and response training at neighborhood locations. www.sfgov.org/sffdnert, or Lt. Arteseros, 970-2022.

SoMa Police Community Relations Forum, 4th Monday of the month, 6-7:30 p.m. Location varies. To receive monthly email info: Meital Amitai, 538-8100 x202 or mamitai@iisf.org.

Tenderloin Police Station Community Meeting, last Tuesday of the month, 6 p.m., police station Community Room, 301 Eddy St. Call Susa Black, 345-7300. Neighborhood safety.

NEIGHBORHOOD IMPROVEMENT

Alliance for a Better District 6, 1st Wednesday of the month, 6 p.m., 230 Eddy St. Contact Michael Nulty, 820-1560 or sf_district6@yahoo.com, a districtwide improvement association.

Central Market Community Benefit District, board meets 2nd Tuesday of the month, Hotel Whitcomb, 1231 Market St., 3 p.m. Information: 882-3088, http://central-market.org.

Friends of Boeddeker Park, 2nd Thursday of the month, 3:30 p.m., Boeddeker Rec Center, 240 Eddy St. Plan park events, activities and improvements. Contact Betty Traynor, 931-1126.

Gene Friend Recreation Center Advisory Board, 3rd Thursday of the month, 5 p.m. Board works to protect SoMa resources for children, youth, families and adults. Gene Friend Recreation Center, 270 Sixth St. Information: Tim Figueras, 554-9532.

North of Market/Tenderloin Community Benefit District.Full board meets 3rd Monday of every other month, 5:30 p.m., 134 Golden Gate Ave., 292-4812.

SoMa Community Stabilization Fund Community Advisory Committee meets 3rd Thursday of the month, 5:30 p.m., 1 South Van Ness, 2nd floor atrium. Info: Claudine del Rosario 749-2519.

South of Market Project Area Committee, 3rd Monday of the month, 6 p.m., 1035 Folsom St. Health, Safety and Human Services Committee meets monthly on the 1st Tuesday after the 1st Monday, 1035 Folsom, noon. 487-2166 or www.sompac.com.

Tenderloin Futures Collaborative, 3rd Wednesday of the month, 11 a.m.-noon, Tenderloin Police Community Room, 301 Eddy. Presentations on issues of interest to neighborhood residents, nonprofits and businesses. Information: 928-6209.

Tenderloin Neighborhood Association, 2nd Friday of the month, 842 Geary St., 5 p.m. Nonprofit focuses on health and wellness activities to promote neighborly interactions. Info: tenderloinneighborhood@yahoo.com.

SENIORS AND DISABLED

Mayor's Disability Council, 3rd Friday of the month, 1-3 p.m., City Hall, room 400. Call: 554-6789. Open to the public.

Senior Action Network, general meeting, 2nd Thursday of the month, 9 a.m.-noon, Universal Unitarian Church, 1187 Franklin St. Monthly programs, 965 Mission St. #700: Senior Housing Action Committee, 3rd Wednesday, 1:30 p.m. Call for health program and Senior University: 546-1333 and www.sfsan.org.



"Any Door Is the Right Door"

Mental health consumers and substance users can go to any Community Behavioral Health Service provider in the Tenderloin and be assured of being welcomed and helped.

All these service providers operate under a Harm Reduction policy, so you don't have to be clean or sober to get help.

Office of Self Help is a Wellness and Recovery Center. All of our staff are consumers, peers with those we serve.

Drop in or call us. Check us out.

Other programs in the neighborhood also can be the Right Door for you:

Bay Area Addiction Research and Treatment

1111 Market St., 1st Fl., 863-3883

CATS (Community Awareness Treatment Services) 1171 Mission St., 2nd Fl., 241-1199

Central City Hospitality House

290 Turk St., 749-2100

Community Vocational Enterprises 818 Mission St., 3rd Fl., 544-0424

Family Service Agency — Full Circle Family Program 1010 Gough St., 474-7310, Ext. 315

Hyde Street Community Services 134 Golden Gate Ave., 673-5700

Independent Living Resource Center 649 Mission St., 3rd Fl., 543-6222

Larkin Street Youth Services Youth Clinic

1138 Sutter St., 673-0911, Ext. 259

S.F. Mental Health Clients' Rights Advocates

1095 Market St., Suite 618, 552-8100 or (800) 729-7727

SAGE (Standing Against Global Exploitation)

1385 Mission St., Suite 300, 358-2719

Swords to Plowshares 1060 Howard St., 252-4788

Tenderloin Health 255 Golden Gate Ave., 437-2900

Westside Crisis 245 Eleventh St., 355-0311

Office of Self-Help Drop-In Center, 1095 Market Street, Suite 202 This behavioral health education message is underwritten by Bank of the West.

575-1400

