

# COMMUNITY CALENDAR



COURTESY S.F. PUBLIC LIBRARY

**Children at the Main Library's Art All Around workshop** created this community project to honor last year's lunar year of the horse.

## SPECIAL EVENTS

**Dr. Donald Abrams on Healthy Aging**, Feb. 10, 5:30-7 p.m., Main Library. Dr. Abrams, a cancer and integrative medicine specialist at UCSF Osher Center for Integrative Medicine and chief of Hematology-Oncology at SF General Hospital, is a pioneer in HIV/AIDS care and research. Info: [spl.org](http://spl.org).

**Healthier Living workshop series**: Take Control of Your Health. Six Fridays, Feb. 13-Mar. 20, 9-11:30 a.m., YMCA at Boeddeker Park, 246 Eddy St. RSVP: Gloria Garcia, 292-2316 or [ggarcia@ymcasf.org](mailto:ggarcia@ymcasf.org).

**Fifth Annual San Francisco History Expo**, The Old Mint, 88 Fifth St., Feb. 28 11 a.m.-5 p.m. and March 1, 11 a.m.-4 p.m. More than 50 organizations showcase the city's diverse communities through "mini-museums," historic films, an art exhibition and more. Admission \$5, under 12 free, but no one turned away for lack of funds. Info: [sfhistoryexpo.org](http://sfhistoryexpo.org).

## ARTS EVENTS

**"Art All Around,"** exhibition of creations by children from TL Children's Playground and the Public Library's

art workshops, Feb. 1-March 8, Kings Galleries at the Unitarian Center, 1187 Franklin St.

**Thursdays at Noon films**, Main Library, Koret Auditorium, noon-2 p.m.: Spike Lee films: "Do the Right Thing" (1989), Feb 5; "Malcolm X" (1992), Feb. 12; "Crooklyn" (1994); "Inside Man" (2006), Feb. 26.

**"Refuge in Refuge: Homesteading Art & Culture Project,"** Feb.12-March 15, SOMArts Cultural Center, 934 Brannan. Exhibition opening event, Feb. 12, 6-9 p.m. Audio stories, video, photography, painting, sculpture, 3D scans of the Albany Bulb, a decommissioned landfill used for two decades by artists, recreationalists and the homeless. Info: [somarts.org](http://somarts.org).

**Youth Speaks Teen Poetry Slam Semifinals**, Feb. 28, 7-9 p.m., Main Library, Koret Auditorium. Poetry by 13- to 19-year-olds who've won preliminary slam bouts Bay Areawide. Info: [youthspeaks.org/performances/youth-speaks-teen-poetry-slam](http://youthspeaks.org/performances/youth-speaks-teen-poetry-slam).

## REGULAR SCHEDULE HOUSING

**Tenant Associations Coalition of San Francisco**, 1st Wednesday of each month, noon, 201 Turk St., Community Room. Contact Michael Nulty, 339-8327. Resident unity, leadership training.

## HEALTH AND MENTAL HEALTH

**CBHS Client Council**, 3rd Tuesday of month, 3-5 p.m., 1380 Howard, Room 515. Consumer advisers from self-help groups and mental health consumer advocates. Public welcome. Info: 255-3695. Call ahead as meeting location may change.

**Healthcare Action Team**, 2nd Wednesday of month, 1010 Mission St., Bayanihan Community Center, 11 a.m.-12:30 p.m. Focus on increasing supportive home services, expanded eligibility for home care, improved discharge planning. Light lunch. Call James Chionsini, 703-0188 x304.

**Hoarding and Cluttering Support Groups**, weekly meetings at various times, conducted by Mental Health Association of San Francisco, 870 Market St., Suite 928. Info: 421-2926 or [mentalhealthsf.org/group-search](http://mentalhealthsf.org/group-search).

**Legal clinic**, 4th Thursday of the month, 507 Polk St., 10 a.m.-noon. Legal help for people with psychiatric or developmental disabilities who need help with an SSA work review, sponsored by People with Disabilities Foundation. Sliding-scale fee. By appointment only: 931-3070. Info: [pwdf.org](http://pwdf.org).

**Mental Health Board**, 3rd Wednesday of the month, 6:30-8:30 p.m., City Hall, room 278. CBHS advisory committee, open to the public. Call: 255-3474.

**Tenderloin Healthy Corner Store Coalition**, 4th Thursday of the month, 3 p.m., Kelly Cullen Community Building, 220 Golden Gate Ave., 2nd floor auditorium or 5th floor gym. Public meetings to discuss legislation that encourages corner stores to sell fresh food and reduce tobacco and alcohol sales. Info: Jessica Estrada, [jessica.healthyretail@gmail.com](mailto:jessica.healthyretail@gmail.com), 581-2483.

## SAFETY

**SoMa Police Community Relations Forum**, 4th Monday of each month, 6-7:30 p.m. Location varies. To receive monthly email info: 538-8100 x202.

**Tenderloin Police Station Community Meeting**, last Tuesday of month, 6 p.m., Tenderloin Police Community Room, 301 Eddy St. Call Susa Black, 345-7300. Neighborhood safety.

## NEIGHBORHOOD IMPROVEMENT

**Alliance for a Better District 6**, 2nd Tuesday of each month, 6 p.m., 230 Eddy St. Contact Michael Nulty, 820-1560 or [sf\\_district6@yahoo.com](mailto:sf_district6@yahoo.com), a districtwide improvement association.

**Central Market Community Benefit District**, board meets 2nd Tuesday of month, Hotel Whitcomb, 1231 Market St., 3 p.m. Info: 882-3088, <http://central-market.org>.

**Friends of Boeddeker Park**, 3rd Thursday of the month, 3:30 p.m., park Clubhouse, Eddy and Jones. Info: Betty Traynor, 931-1126.

**Gene Friend Recreation Center Advisory Board**, 3rd Thursday of month, 5 p.m. Works to protect SoMa resources for all residents. Gene Friend Rec

Center, 270 Sixth St. Info: Tim Figueras, 554-9532.

**North of Market/Tenderloin Community Benefit District**. Full board meets 3rd Monday at 5 p.m., 55 Taylor St. Info: 292-4812.

**Safe Haven Project**, 4th Tuesday of each month, 3 p.m., 519 Ellis St. (Senator Hotel). Contact: 563-3205, x115, or [centralcitysafehaven@gmail.com](mailto:centralcitysafehaven@gmail.com).

**SoMa Community Stabilization Fund Advisory Committee**, 3rd Thursday of month, 5:30 p.m., 1 South Van Ness, 2nd floor. Info: Claudine del Rosario, 701-5580.

**Tenderloin Futures Collaborative**, 3rd Wednesday of the month, 11 a.m.-noon, Tenderloin Police Community Room, 301 Eddy. Presentations on issues of interest to neighborhood residents, nonprofits and businesses. Info: 820-1412.

## SENIORS AND DISABLED

**Mayor's Disability Council**, 3rd Friday of month, 1-3 p.m., City Hall, room 400. Call: 554-6789. Open to the public.

**Senior & Disability Action** (formerly Planning for Elders/Senior Action Network), general meeting, 2nd Thursday of month, 9 a.m.-noon, Universal Unitarian Church, 1187 Franklin St. SDA Housing Collaborative meeting, 3rd Wednesday, 1 p.m. HealthCare Action Team meeting, 2nd Wednesday, 1010 Mission St., (Bayanihan Community Center). For info about SDA's Survival School, University and computer class schedules: 546-1333, [www.sdaction.org](http://www.sdaction.org).

## DISTRICT 6 SUPERVISOR

**Jane Kim**, member, Land Use Committee, School District, Transportation Authority; chair, Transbay Joint Powers Authority Board of Directors; vice-chair Transportation Authority Plans & Programs Committee. Legislative aides: Sunny Angulo, Ivy Lee and April Veneracion. [Jane.Kim@sfgov.org](mailto:Jane.Kim@sfgov.org) 554-7970

# KNOW YOUR RIGHTS

**San Francisco Mental Health Clients' Rights Advocates** informs, supports and helps individuals receiving mental health services or who need help or advice about your rights by listening to your concerns and needs and advocating for your legal rights.

If you're being treated for a mental disorder, voluntarily or involuntarily, you have the same legal rights and responsibilities that the U.S. Constitution and California laws guarantee to all other persons:

- Dignity, privacy and humane care
- Freedom from harm, including unnecessary or excessive physical restraint, isolation, medication, abuse or neglect
- Prompt medical care and treatment
- Information about your treatment and participation in planning your treatment
- Give or withhold informed consent for medical and psychiatric treatment, including the right to refuse antipsychotic medication unless there is a legally defined emergency or a legal determination of incapacity
- Services and information provided in a language you can understand and with sensitivity to your culture and special needs.

### Contact us:

552-8100 (800) 729-7727 Fax: 552-8109

**San Francisco Mental Health Clients' Rights Advocates**  
1663 Mission Street, Suite 310  
San Francisco, CA 94103

### City and County of San Francisco

February 2015

#### Department of Children, Youth and Their Families (DCYF)

The SF Department of Children, Youth, and their Families, the SF Rec & Parks Department, and the San Francisco Unified School District would like to invite the families of San Francisco to the annual San Francisco Summer Resource Fair on Saturday, February 7 from 10am to 2pm at Balboa High School!

The Fair will feature 150 exhibitors with information about summer camps, programs, and other opportunities for children and youth in San Francisco. The Fair is free and open to the public. In addition to the excellent resources provided by the exhibitors, the Rec & Park Department's Mobile Rec Team will conduct lots fun activities in Balboa High's courtyard, the Bookmobile will be on hand, and three Off the Grid trucks will be selling delicious food.

We hope to see you and your family at the Fair!

#### Healthy Foods and WIC Nutrition Services at No Cost To You

Eating well during pregnancy is important. The Women, Infants, and Children (WIC) Nutrition Program can help. WIC serves pregnant women, new mothers, infants and young children under five years old who meet 185% or below of the federal poverty income level. WIC benefits include nutrition and breastfeeding education and support, checks to buy-healthy foods (such as fresh fruits and vegetables) and referrals to low cost or free health care and other community services.

Enrolling in WIC early in your pregnancy will give your baby a healthy start. Also, WIC staff can show you how you and your family can eat healthier meals and snacks. Migrants are welcome to apply as well.

San Francisco WIC has six offices throughout the City. For more information, please call (415) 575-5788.

This institution is an equal opportunity provider.

#### San Francisco Housing Authority

REQUEST FOR QUOTES  
AS NEEDED LEAD BASED PAINT, MOLD, AND ASBESTOS CONTRACTOR SERVICE  
SAN FRANCISCO HOUSING DEVELOPMENTS  
Solicitation No.: 14-620-QTE-0023-B

The San Francisco Housing Authority will receive sealed quotes for as needed hazardous material, abatement contractor services at San Francisco Housing Developments. Scope of work requires an asbestos, mold, and lead based paint abatement worker and supervisor.

Responses are due Thursday, February 19, 2015 at 1815 Egbert Ave., San Francisco, at 2:00 P.M. Download solicitation at: [planroom@ebidboard.com](mailto:planroom@ebidboard.com) or <http://mission.sfgov.org/OCABid/publication/>

For download questions, please contact Ms. Brenda Moore at (415) 715-3170, email [moorebr@sfa.org](mailto:moorebr@sfa.org). For technical questions, please contact Project Manager, Andrew Passella at (415) 715-3213, email [passella@sfa.org](mailto:passella@sfa.org)

#### Board of Supervisors Regularly Scheduled Board Meetings

February and March

OPEN TO THE PUBLIC – Come see your San Francisco government in action. Tuesdays, 2:00 p.m., City Hall Chamber, Room 250.

- February 3
- February 10
- February 24
- March 3
- March 10
- March 17
- March 24
- March 31

CNS#2711578