

# COMMUNITY CALENDAR

## SPECIAL EVENTS

**13th annual Vietnamese Lunar New Year Festival**, Feb. 7, 10 a.m.-6 p.m., Larkin Street between Eddy and O'Farrell. Little Saigon celebrates Tet, the Year of the Tiger, with crowning of the Festival queen, food, music, pageantry and plenty of firecrackers. Information: 351-1038.

## COMMUNITY: REGULAR SCHEDULE HOUSING

**Supportive Housing Network**, 3rd Thursday of the month, 3-5 p.m., location TBA. Contact: 421-2926 x304.

**Tenant Associations Coalition of San Francisco**, 1st Wednesday of the month, noon, 201 Turk St., Community Room. Contact Michael Nulty, 339-8327. Resident unity, leadership training.

## HEALTH AND MENTAL HEALTH

**CBHS Consumer Council**, 3rd Monday of the month, 5-7 p.m., CBHS, 1380 Howard St., room 537. Call: 255-3695. Advisory group of consumers from self-help organizations and other mental health consumer advocates. Open to the public.

**Health & Wellness Action Advocates**, 1st Tuesday of the month, 5-7 p.m., Mental Health Assoc., 870 Market St., Suite 928. 421-2926 x306.

**Healthcare Action Team**, 2nd Wednesday of the month, 1010 Mission St., Bayanihan Community Center, 11 a.m.-12:30 p.m. Focus on increasing supportive home and community-based services, expanded eligibility for home care and improved discharge planning. Light lunch served. Call James Chionsini, 703-0188 x304.

**Hoarders and Clutterers Support Group**, Mental Health Association, 870 Market, Suite 928. Call for dates and times: 421-2926 x306.

**Mental Health Board**, 2nd Wednesday of the month, 6:30-8:30 p.m., City Hall, room 278. CBHS advisory committee, open to the public. Call: 255-3474.

**National Alliance for the Mentally III-S.F.**, 3rd Wednesday of the month, 6:30-8:30 p.m., Family Service Agency, 1010 Gough St., 5th Fl. Call: 905-6264. Family member group, open to the public.

## SAFETY

**Neighborhood Emergency Response Team Training (NERT)**. Central city residents can take the S.F. Fire Department's free disaster preparedness and response training at neighborhood locations. See [www.sfgov.org/sffdnet](http://www.sfgov.org/sffdnet), or call Lt. Arteseros, 970-2022.

**SoMa Police Community Relations Forum**, 4th Monday of the month, 6-7:30 p.m. Location varies. To receive monthly e-mail info: Meital Amitai, 538-8100 x202 or [mamitai@iisf.org](mailto:mamitai@iisf.org).

**Tenderloin Police Station Community Meeting**, last Tuesday of the month, 6 p.m., police station Community Room, 301 Eddy St. Call Susa Black, 345-7300. Neighborhood safety.

## NEIGHBORHOOD IMPROVEMENT

**Alliance for a Better District 6**, 2nd Tuesday of the month, 6 p.m., 230 Eddy St. Contact Michael Nulty, 820-1560 or [sf\\_district6@yahoo.com](mailto:sf_district6@yahoo.com), a districtwide improvement association.

**Boeddeker Park cleanup**, 3rd Saturday of the month, 9-noon, organized by the Friends of Boeddeker Park. To RSVP to work or for information, call Betty Traynor, 931-1126.

**Central City Democrats**, meets four times a year, 301 Eddy St. Community Room. Information: 339-VOTE (8683) or [centralcitydemocrats@yahoo.com](mailto:centralcitydemocrats@yahoo.com).

**Central Market Community Benefit District**, board meets 2nd Tuesday of the month, Hotel Whitcomb, 1231 Market St., 3 p.m. Information: 882-3088, <http://central-market.org>.

**Community Leadership Alliance**. Monthly meetings and informational forums, Tenderloin Police Station community room. David Villa-Lobos, [admin@communityleadershipalliance.net](mailto:admin@communityleadershipalliance.net).

**Friends of Boeddeker Park**, 2nd Thursday of the month, 3:30 p.m., Boeddeker Rec Center, 240 Eddy St. Plan park events, activities and improvements. Contact Betty Traynor, 931-1126.

**Gene Friend Recreation Center Advisory Board**, 3rd Thursday of the month, 5 p.m. Board works to protect SoMa resources for children, youth, families and adults. Gene Friend Recreation Center, 270 Sixth St. Information: 538-8100 x202.

**North of Market/Tenderloin Community Benefit District**. Call District Manager Elaine Zamora for times and dates, 292-4812.

**SoMa Leadership Council**, 3rd Wednesday of the month, 6 p.m., The Arc, 1500 Howard St. at 11th. Emphasizes good planning and good government to maintain a diverse, vibrant, complete neighborhood. Contact: Jim Meko, 624-4309 or [jim.meko@comcast.net](mailto:jim.meko@comcast.net).

**South of Market Project Area Committee**, 3rd Monday of the month, 6 p.m., 1035 Folsom St., between 6th & 7th sts. Health, Safety and Human Services Committee meets monthly on the first Tuesday after the first Monday, 1035 Folsom St., noon. Information: 487-2166 or [www.sompac.com](http://www.sompac.com).

**Tenderloin Futures Collaborative**, 2nd Wednesday of the month, 10 a.m., Tenderloin Police Station community room, 301 Eddy St. Call 358-3956 for information. Network of residents, nonprofits and businesses taking on neighborhood development issues.

## SENIORS AND DISABLED

**Mayor's Disability Council**, 3rd Friday of the month, 1-3 p.m., City Hall, room 400. Call: 554-6789. Open to the public.

**Senior Action Network**, general meeting, second Thursday of the month, 9 a.m.-noon, Universal Unitarian Church, 1187 Franklin St. Monthly programs, 965 Mission St. #700: Senior Housing Action Committee, third Wednesday, 1:30. Call for info on health program and Senior U: 546-1333 and [www.sfsan.org](http://www.sfsan.org).

## Ground Zero Poetry Reading

at 21 Club, Taylor & Turk

8 p.m., Wed. Feb. 10  
Ed Bowers, emcee

# Don't spread the flu!

## Keep your family and community healthy.

- **Cover** your cough and sneeze.
- **Wash** your hands often.

## Take care of yourself.

- **Drink** plenty of fluids. (Water is best).
- **Rinse** your nose with salt water.
- **Stay** home if you are sick.
- **Most** of the time you will get better without any medicine.
- **Never** give over-the-counter cold medicine to kids under 6 years old.

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